

BEAR TRIATHLON

Run Course Map

Updated 3.17.21

Sprint - one loop (3 mile)

Olympic - two loops (6 mile)

- Exit transition Area and proceed to run course. Start on Swamp Forest Trail.
- Continue onto Connector Trail.
- Turn right onto Buck Jersey road.
- Turn right into entrance for dog park parking lot and complete dog park loop.
- Turn right onto Buck Jersey road.
- Proceed to turn around point on Buck Jersey road.
- Complete reverse course to mile 3.
- At mile 3, sprint race proceeds to finish line.
- Olympic race turns around and completes 2nd loop of course then proceeds to finish line.



OLYMPIC TURN AROUND
START 2ND LOOP.

SPRINT CONTINUE
TO FINISH LINE.

