

# CA KIDS TRIATHLON

## What to bring on race day

- Sunblock (apply after being body marked)
- Water bottle
- Swimsuit/trisuit
- Goggles
- Small towel for transition
- Race number sticker placed on bike top tube
- Bike
- Helmet
- Bib number (safety pinned to a shirt or attached to a race belt)
- Shirt for run
- Socks (optional)
- Shoes for cycling and running
- An old pair of flip flops to walk around in before your swim wave
- Dry clothes for after the race