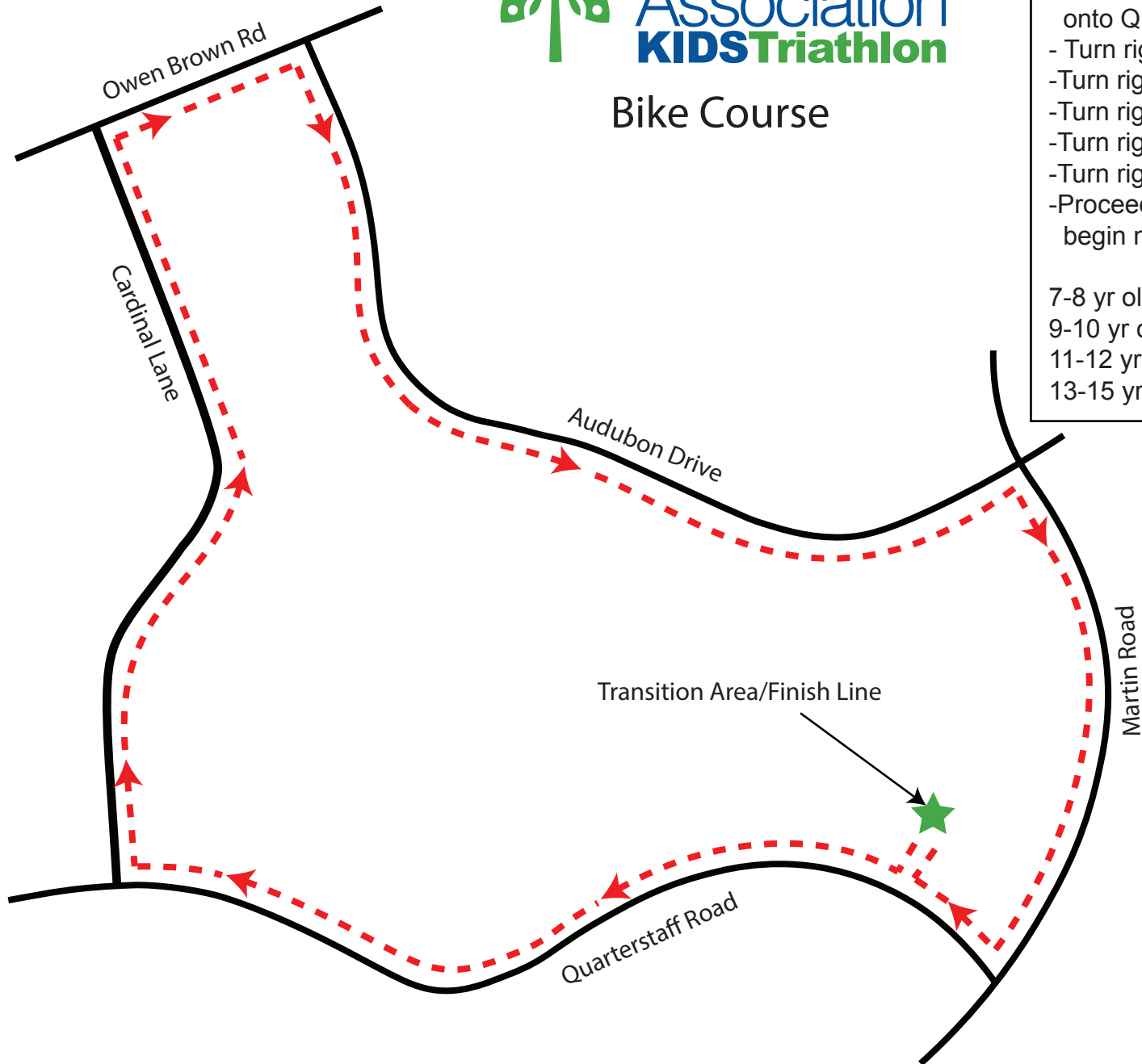




Bike Course



- Bike Course - Turn By Turn
1 loop = 2 miles
- Exit transition area and turn right onto Quarterstaff Rd.
 - Turn right onto Cardinal Lane.
 - Turn right onto Owen Brown Rd.
 - Turn right onto Audubon Drive.
 - Turn right onto Martin Rd.
 - Turn right onto Quarterstaff Rd
 - Proceed to transition area or begin next loop.

- 7-8 yr old - 1 loop
- 9-10 yr old - 1 loop
- 11-12 yr old - 2 loops
- 13-15 yr old - 3 loops