

BEAR TRIATHLON



Sprint - 10 miles (one loop)

Olympic - 23 miles (three loops)

All participants

1. Exit Lums Pond State Park on Buck Jersey Rd.
2. Turn Right onto Howell School Rd (main park entrance).
3. Continue straight through traffic circle at BC People Blvd.
4. Turn Right onto Red Lion Rd (Rt 71).
5. Turn Right onto Rt 301.
6. Turn Right onto Howell School Rd.

Sprint Distance

7. Turn Right into main park entrance and continue to transition area.

Olympic Distance

7. Continue past main park entrance. Complete loop 2 and 3. After completing loop #3, turn Right into main park entrance and continue to transition area.

