

Lake Montclair Triathlon - IMPORTANT RACE UPDATE, 6/11/25

Swim Cancelled

Dear Triathletes,

Last week, high levels of potentially toxic algae were identified in Lake Montclair. This week, a water quality test was performed, and the results did not pass safety standards. The Virginia Department of Health advises citizens to stay out of the water. Safety is our top priority. With that said, the swim portion of this race is cancelled. Although this is not ideal, we look forward to seeing everyone at the race on Sunday. Please read the important race update below.

If you are registered for the duathlon, there are no changes to your race.

Montclair Property Owners Association Website Advisory

<https://www.montclairva.com/lake-montclair>

Montclair Property Owners Association Facebook Advisory

<https://www.facebook.com/photo/?fbid=1121624000006024&set=a.460462546122176>

Since the swim is cancelled, what are my options?

Athletes who are registered for the triathlon may choose **one** of the following options.

1. Complete a bike-run format (12.5 Mile Bike | 3.1 Mile Run) on race day. See info below.
2. Transfer to the duathlon (1.5 Mile Run | 12.5 Mile Bike | 3.1 Mile Run)
3. Transfer your registration to another 2025 Rip It Events triathlon. To view a list of race options, go to <https://www.ripitevents.com/races>.
4. Elect to not attend this race and forgo your registration.

By default, all triathletes will be transferred to option 1. If choosing option 2 or 3, please reply to this email with your choice or send email to racedirector@ripitevents.com. The deadline to make this change by email is end-of-day, Thursday, June 12. Additionally, athletes may make this change at packet pick up on Saturday or Sunday.

Am I eligible for a refund of my race entry?

We are unable to offer refunds of race entries as money has already been spent on this race (i.e. shirts, medals, police, staff, rentals). Additionally, participants signed a waiver (during the online registration process) accepting our no-refund policy. To view the registration policy, go to <https://www.ripitevents.com/registrationpolicy>.

Can I defer my entry to the 2026 race?

No. Due to this unforeseen change, we are no longer accepting race deferrals.

Bike-Run Format

Athletes will start in a single file line on the pathway outside the transition area. Athletes will run/walk into the transition area and proceed with the bike and run portion of this race. The following start times will apply.

7:00 AM, Wave 1 - Men 39 years & under

7:02 AM, Wave 2 - Men 40 years and older AND Triathlon Relays (Male, Female, Coed)

7:04 AM, Wave 3 - Women 39 years & under

7:06 AM, Wave 4 - Women 40 years and older

What should I wear for the time trial start?

Athletes will wear a top, bottom and timing chip only. Please leave all of your bike gear in the transition area next to your bike. If you would like to wear shoes for the time trial start, this is permitted. Your bib number is not required for the start and on the bike course but is required for the run course.

What about the swimmer on my relay team? What are their options?

Relay teams who have one teammate who planned to complete the swim leg only, may choose one of the below options.

Opt to complete the bike and run legs as an individual athlete.

Opt out of participating on your team and receive a 25% individual discount towards a future 2025 Rip It race. The remaining teammates will participate on the team as planned.

Teams that opt for one of the above options, must notify race management at Athlete Check-in on Saturday or Sunday prior to the start of the race. Teams who choose not to attend this race, are not eligible for either option. Relay options are not eligible for individual participants.

For more information about this race, please visit www.ripitevents.com/centennialtriathlon. Please send inquiries to racedirector@ripitevents.com.